

IRISH FLUTE LESSONS

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| # | Lesson | Level | Step |
|----|-------------------------------------|----------|----------------|
| 0 | Introduction | - | - |
| 1 | 1. How to hold the flute | Beginner | Posture 1 |
| 2 | 2. Cover the holes | Beginner | Posture 1 |
| 3 | 3. Breathing | Beginner | Tone 1 |
| 4 | 4. Headpiece | Beginner | Tone 2 |
| 5 | 5. Long notes | Beginner | Tone 3 |
| 6 | 6. To the roof | Beginner | Tone 4 |
| 7 | 7. Natural tone scale | Beginner | Tone 5 |
| 8 | 8. Bagfed & defgab | Beginner | Fingers 1 |
| 9 | 9. Bridge area | Beginner | Fingers 2 |
| 10 | 10. The seesaw | Beginner | Fingers 3 |
| 11 | 11. E with keys | Advanced | Fingers 4 |
| 12 | 12. Kids show intro | Beginner | Fingers 5 |
| 13 | 13. Silent playing | Beginner | Fingers 6 |
| 14 | 14. Counting | Beginner | Rhythm 1 |
| 15 | 15. Jigs and reels on the beat | Beginner | Rhythm 2 |
| 16 | 16. Jigs and reels on the back-beat | Advanced | Rhythm 3 |
| 17 | 17. Shuffle vs straight reels | Advanced | Rhythm 4 |
| 18 | 18. Diaphragm vibrato | Advanced | Rhythm 5 |
| 19 | 19. Articulation awareness | Advanced | Articulation 1 |
| 20 | 20. Octave jumps | Advanced | Articulation 2 |
| 21 | 21. Tell a story and breathe | Advanced | Phrasing 1 |
| 22 | 22. Raise and lower the pitch | Advanced | Intonation 1 |
| 23 | 23. Whistle tones | Expert | Intonation 2 |
| 24 | 24. Long notes | Beginner | Repetition 1 |
| 25 | 25. Warm up routine | All | Repetition 2 |
| 26 | 26. D Major | Beginner | Scales 1 |
| 27 | 27. D Major Jig | Advanced | Scales 2 |
| 28 | 28. D Major Reel | Advanced | Scales 3 |
| 29 | 29. G Major | Beginner | Scales 4 |
| 30 | 30. G Major Jig & Reel | Advanced | Scales 5 |
| 31 | 31. E Minor | Beginner | Scales 6 |
| 32 | 32. E Minor Jig & Reel | Advanced | Scales 7 |
| 33 | 33. A Dorian | Beginner | Scales 8 |
| 34 | 34. A Dorian Jig & Reel | Advanced | Scales 9 |
| 35 | 35. B Minor | Beginner | Scales 10 |
| 36 | 36. B Minor Jig & Reel | Advanced | Scales 11 |
| 37 | 37. A Major | Advanced | Scales 12 |
| 38 | 38. A Major Jig & Reel | Advanced | Scales 13 |
| 39 | 39. D Mixolydian | Beginner | Scales 14 |
| 40 | 40. D Mixolydian Jig & Reel | Advanced | Scales 15 |
| 41 | 41. A Mixolydian | Beginner | Scales 16 |
| 42 | 42. A Mixolydian Jig & Reel | Advanced | Scales 17 |
| 43 | 43. D Minor | Advanced | Scales 18 |
| 44 | 44. D Minor Jig & Reel | Advanced | Scales 19 |

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| 45 | 45. G Dorian | Advanced | Scales 20 |
| 46 | 46. G Dorian Jig & Reel | Advanced | Scales 21 |
| 47 | 47. C Major | Beginner | Scales 22 |
| 48 | 48. C Major Jig & Reel | Advanced | Scales 23 |
| 49 | 49. F# Minor | Advanced | Scales 24 |
| 50 | 50. F# Minor Jig & Reel | Advanced | Scales 25 |
| 51 | 51. F Major | Advanced | Scales 26 |
| 52 | 52. F Major Jig & Reel | Advanced | Scales 27 |
| 53 | 53. Another way to practice scales | Expert | Scales 28 |
| 54 | 54. Chromatic scales practice 1 | Advanced | Scales 29 |
| 55 | 55. Chromatic scales practice 2 | Advanced | Scales 30 |
| 56 | 56. Improvisation | Expert | Other 3 |
| 57 | 57. Common triads | Advanced | Triads 1 |
| 58 | 58. Other triads | Expert | Triads 2 |
| 59 | 59. Notes without keys | Advanced | Fingers 7 |
| 60 | 60. Cuts | Beginner | Ornaments 1 |
| 61 | 61. Taps | Beginner | Ornaments 2 |
| 62 | 62. Rolls | Advanced | Ornaments 3 |
| 63 | 63. Rolls on the off-beat | Expert | Ornaments 4 |
| 64 | 64. Rolls from beneath | Advanced | Ornaments 5 |
| 65 | 65. Rolls faster | Expert | Ornaments 6 |
| 66 | 66. Inner vibrato | Advanced | Ornaments 7 |
| 67 | 67. Outer vibrato | Advanced | Ornaments 8 |
| 68 | 68. The worm | Expert | Ornaments 9 |
| 69 | 69. Slides | Advanced | Ornaments 10 |
| 70 | 70. Oriental vibratos | Expert | Ornaments 11 |
| 71 | 71. Triplets | Advanced | Ornaments 12 |
| 72 | 72. Gracenotes | Expert | Ornaments 13 |
| 73 | 73. Cranns | Expert | Ornaments 14 |
| 74 | 74. Short rolls | Advanced | Ornaments 15 |
| 75 | 75. Bounces | Expert | Ornaments 16 |
| 76 | 76. Drills | Expert | Ornaments 17 |
| 77 | 77. Cranns on the beat | Expert | Ornaments 18 |
| 78 | 78. Flute vs tin whistle | Any level | Other 4 |
| 79 | 79. Tips for learning tunes | Any level | Other 5 |
| 80 | 80. Find a toy in each tune | Any level | Other 6 |
| 81 | 81. Putting together a set of tunes | Any level | Other 7 |
| 82 | 82. Runs | Expert | Extended Techniques 1 |
| 83 | 83. Flutter tongue | Expert | Extended Techniques 2 |
| 84 | 84. Stroking the cat | Expert | Extended Techniques 3 |
| 85 | 85. Endings | Expert | Extended Techniques 4 |
| 86 | 86. Dynamics | Expert | Extended Techniques 5 |
| 87 | 87. Harmonies | Expert | Extended Techniques 6 |
| 88 | 88. Octave playing | Expert | Extended Techniques 7 |
| 89 | 89. Changing the key to practice scales | Expert | Extended Techniques 8 |
| 90 | 90. Accompanying tunes on the flute | Expert | Extended Techniques 9 |